

# BRIDGES

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WEDNESDAY, OCTOBER 15, 2014

A STARPHOENIX COMMUNITY NEWSPAPER

## GOING WITH THE FLOW

**HIS BUDGET IS IN THE MILLIONS  
BUT HOWARD WHEATER'S RESEARCH  
IS DEVOTED TO SOMETHING PRICELESS**  
**P. 4**



**FREE**

# IN THE CITY

# OCTOBER 7, 2014 — 1:13 P.M.

## Time to celebrate



Kivicant Maskey Community School students from Grades 2 to 6 sing and drum at the Saskatchewan School Board Association's Aboriginal Health Entrepreneurship Program enrollment celebration. Enrollment at the program has more than doubled across Saskatchewan for the second year. The celebration took place at Mount Royal College in Saskatoon on Oct. 7. Photos: Photo by Scott McLeod

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Howard Wheeler is director of the Global Institute for Water Security at the University of Saskatchewan. BRIDGES PHOTO BY GORD WALDEN

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## # EVENTS PG. 16



Country music star Denis Bentley will perform Sunday at the SaskTel Centre. To find out more about what's happening this week in Saskatoon, check out our events listing page. GARY WELLS PHOTO

## BRIDGES COVER PHOTO BY DAVID STOBBER

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## ON THE COVER

It's a time when it's appropriate to do something big about water. — Howard Wheeler

# HOWARD WHEELER

## Water, water everywhere — but for how long?



Howard Wheeler, director of the Global Institute for Water Security at the University of Saskatchewan, stands on the South Saskatchewan River. PHOTO BY LAM BICH-THUY

By Jenn Sharp

We rarely think about water. We take it for granted. Except during times of drought or flood.

In Saskatchewan, we're incredibly fortunate to have an ample supply of clean, fresh water. But things will change if serious challenges are not met.

Howard Wheeler, a top researcher at the University of Saskatchewan, is working with teams of scientists to ensure a sustainable water future.

Director of the Global Institute for Water Security at the U of S, Wheeler moved to Saskatoon, from England four years ago after accepting a position as a Canada ex-

cellence research chair. The federal government initiative recruited people with world class expertise in the environmental, resources, information technology and health fields to Canada.

Wheeler came to Saskatchewan with a large budget and a unique opportunity. At \$10 million, it's one of the largest endowments in water

research anywhere in the world.

"It's a time when it's appropriate to do something big about water. There's a lot of water challenges, many more than most people realize, I think," he says from his office in the National Hydrology Research Centre of Innovation Place.

After coming to Saskatoon, he started the Institute, which has em-

ployed 350 people over the last three years. Plans are being made to continue the research work after the grant ends in 2017.

The university is keen to see it continue," says Wheeler. "The scientist from Nottingham England, once worked for Rolls Royce making new engines, before moving to water research."

In Europe, protection of ecosystems is right at the top of the priority list for water management. In North America, it certainly isn't. — Wheeler



Howard Wheeler, director of the Global Institute for Water Security at the University of Saskatchewan, with Graham Strickland, a research associate at the institute. (PHOTO COURTESY SAUDI STAR)

It's a complex system, vegetation, climatology and land use all play a part. Wheeler breaks down that system into major research themes and assembles interdisciplinary teams of faculty and students to answer important questions about water resources and sustainability.

Another key to the puzzle is how policy makers and stakeholders might influence water demand.

According to Jeff McDonnell, associate di-

rector at the institute, Wheeler is a master at negotiating it all and enabling his teams to do the same.

"He's led some sensitive issues here at the U of S and with colleagues internationally," says McDonnell.

In Wheeler's previous post as the head of water research at Imperial College in London, he led large groups researching the UK's water management, among other projects.

*Continued on page 8*

## Authentic Amish Cooking



Copyright © 2013 by Susan D. Taylor

### Danish Apple Bars

2 C. Water  
Drop in a bowl. Then add:  
1 C. Sugar  
1 T. Citric Acid, mixed  
with a little water  
Let this cool while  
making the dough  
Dough:  
2 1/2 C. Milk  
1 pkg. Yeast  
1 C. Butter  
1 1/2 T. Salt  
1 T. Butter  
1 C. Cinnamon  
2 C. Apples, sliced  
3 T. to 4 C. Flour  
2 Eggs, beaten  
1/4 C. Warm Water  
1 T. Sugar



Brush milk and add sugar. Cool in refrigerator. Dissolve yeast in warm water. Add to milk. Beat. Divide dough in half. Roll out 1 part. Place on large cookie sheet. Sprinkle with apple filling. Roll out other part and place on top. Gently adjust as you would with pie. Let rise 15 min. Bake at 350° until light brown. Cool. Then freeze with powdered sugar, freezing.

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## Floods, droughts and water quality are the big three (challenges). It's been flooding ever since I arrived (in Saskatchewan). — Wheeler



Flooding has been a serious issue in Saskatchewan since 2010 and one of the major water challenges facing the province. WHEELER FILE PHOTO BY GORD HALLIDAY

"He's had a long history of leading large groups high profile groups, very large, well-funded projects over the years, so that's what's been so great for the U of S to attract someone like him. He's excited in that work here," says McDonald, who first met Wheeler at a conference in 1980.

McDonald says Wheeler's vision of the institute was a great move. The U of S already had about 70 water faculty — the institute has given them a "unifying point."

He's been really good at bringing the campus together and identifying some major research themes, then spending money on different groups to catalyze working together that previously weren't working together.

McDonald, who works on projects everywhere from Chile to China, has just been elected as the president of the hydrology section of the American Geophysical Union. It's one of the most prestigious learned societies in the water world, and with 1,000 international members, it's a mark of esteem to be elected president.

"It helps even more to get Saskatchewan on the map," says Wheeler of McDonald's new position.

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Send your questions to me at the address below, then watch for answers

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Westward and Highway 100 to Hwy

401A (Yellowknife 100)

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Meewasin



He's had a long history of leading large groups, high-profile groups, very large, well-funded projects over the years, so that's what's been so great for the U of S to attract someone like him. — Jeff McDonnell



Howard Wheeler and Jay Smith, a postdoctoral fellow, looking water from the South Saskatchewan River. Smith is working with Wheeler at the Global Institute for Water Security. (Photo courtesy of Jay Smith)

♦ ♦ ♦ ♦

The research projects Wheeler and his team are working on are vast. The main focus is on the Saskatchewan River basin. They've learned the 360,000 sq. km area has a large tributary. The basin is part of the World Climate Research Program and the only experimental site of its size in North America.

"We've been doing a lot of work in developing basic science to understand environmental change," says Wheeler.

They're keen on infrastructure in the boreal forest from Environment Canada. It's an important area, covering one third of Canada. They're studying environmental change in Western Canada, particularly the Mackenzie River, too.

They've even built a water resource model for the province, which allows people to play a computer game and experiment with the effects of increased irrigation or a major drought.

Work in the Prairies consists of answering questions about agricultural drainage and the effect nutrients from agricultural run off and waste water have on the landscape.

"Nutrients are a huge global problem. We put a lot of nutrients into our water," says Wheeler.

High nutrient loads from phosphorus and nitrogen can create algal blooms. In 2007 Lake Winnipeg had an algal bloom that was 10-600 sq km (Lake Erie had a smaller algal bloom in 2011). The algal bloom damage ecosystems and make water treatment difficult.

When blue green algae occurs, it's toxic to animals and people.

After Wheeler first arrived in Canada, he was on a grant that helped Alberta and Iowa monitor systems for the chemicals, which is just being rolled out now.

"There's been a lot of controversy about security around that and a lot of publicity about adverse effects, and much of that has been not well informed because there simply wasn't a reliable and trustworthy database," he says.

The scientist, who was a speaker at ARIC 2014 (Agriculture Resource International Conference), answered a few questions about Saskatchewan's water challenges and creating a sustainable water future on a global scale.

**Q:** During your speech at ARIC on Oct. 7, you said we'll need increased irrigation in order to increase food production because global food needs will more than double by 2050. Where is all this water going to come from?

**A:** One of the big tensions in water management is water for irrigation against water for other uses. What I was trying to say is that there are increasing pressures about this use. There's an interesting discussion in the province at the moment because currently the Agriculture Ministry is keen to see expansion of irrigation. Irrigation has a lot of benefits in terms of increased yields and takes out some of the variability of the climate.

Continued on Page 8

Thus year, for the first time, instead of seeing spring snow melt giving the flooding problems on the Prairies, we've had summer rainfall. It's very, very unusual but it might well be a sign of a new future — Wheeler



Howard Wheeler in his office at the Natural Resources Research Centre in Innovation Place. (BENEDICT PHOTO BY GREGG WILSON)

That's one of the reasons we've been building some models (there's one at Lake Saskatchewan) so we can see where these things.

I think the general consensus is that as an average year there is water that could be used for irrigation. I think if we went into a drought year that would not be the case. And of course, water that we take out upstream is water that we don't have downstream. All of these things need to be evaluated fairly sensitively.

**Q: What do you see as the biggest water challenge facing Saskatchewan right now?**

**A:** Floods, droughts and water quality are the big three. It's been flooding ever since I arrived (in Saskatchewan) 2006 was a really wet summer and that gave us big floods on the Prairies in 2011. 2013, we had Alberta under water and Calgary had a lot of damage — 300,000 people evacuated, four deaths, \$6 billion in direct damage.

What was interesting is that floods are about people in many senses. Of course, they affect people but people also affect floods. One of the reasons that Alberta was hit as hard as that they have people living in the flood plains and they had not implemented careful control of development in suitable places.

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Of course, (floods) affect people but people also affect floods. One of the reasons that Alberta was hit so hard is that they have people living in the floodplain and they had not implemented careful control of development in unsuitable places — Wheeler

There's an interesting issue about the role of government in providing information about flood risk areas. I think Alberta had been struggling with that as an issue. They had not followed up on a report from 2000 that had indicated this was a problem. They have certainly now recognized it's a major issue as the flood, I think, has triggered a big policy change within Alberta.

The issues in this province this year are really interesting. We expect a warmer winter but we expect it to be a lot wetter on average. This year for the first time instead of seeing spring snow melt giving the flooding problems in the Prairies we've had summer rainfall. It's very very unusual but it might well be a sign of a new future. That raises a lot of issues as to how we manage the landscape for this flooding.

**Q:** What are some of the particular effects of river ridges in agricultural operations?

**A:** Zero till means you leave crop residue on the surface. It traps more snow, you have more moisture in the soil for subzero temperatures. It won't melt in the crown of soil and that in the past has resulted in a loss of phosphorus as it's better to (transport) that. And of course, it saves the farmers money. It's been very successful and very widely implemented.

A more controversial issue at the moment is drainage. Agricultural drainage is important for a farmer — he wants to be able to get on the land and he wants to maximize his land area.

One of the same time, it can turn wetlands into a fraction. They tend to clear down flood flows, they tend to trap nutrients and so the more you take them out, you might have problems with flood flows and nutrients. With increased drainage you tend to push more water down to someone else. That can create some problems downstream. It's very complicated because a lot of this depends on very subtle local controls. Even things like the way you clear the lands in which the forests are happening.

I think it's a strategic issue for the province — how to manage drainage effectively. We are doing some work on this at a place called South Creek at the Saskatchewan Institute for



There was a record release of water from the spillway at Gardiner Dam on Lake Delton due to a heavy inflow of water from Alberta in 2013. **ILLUSTRATION BY GARY HENRY**

der. That's shown some aspects of the flooding and draining story but you can't really develop policy or generalize based on a single site. So we need quite a lot more work to really understand this, I think. They're quite complicated.

**Q:** You also mentioned that globally, there are moving in more snow based, which is more dependent on water. Speaking strictly about the flood we've not asked about a sustainable water future. Look like to you?

**A:** For sure, we need to use water more wisely and more efficiently and we have to think very carefully about the trade-offs between differ-

ent uses. One of the most difficult trade-offs to make is how much water do we leave for the environment? Different countries take quite different views about that. In Europe, protection of ecosystems is right at the top of the priority but the water managers in North America, it certainly isn't.

I think given the increasing population and associated food needs there'll be quite a lot of pressure for us to think about delivery change. Certainly we're going to have increasing demand for a whole range of food products, both staple and livestock. We're going to have to think about the water footprint around the dif-

ferent foods and that might start to encourage people to change their patterns of consumption.

North America has been at the forefront of developing a very beef rich diet. Probably over the next decade, we'll see trends moving away from that.

**Q:** *Agg* McDermott describes you as a visionary leader. What qualities do you have that make you a good leader?

**A:** I'm excited by what I do. I think what we're doing is important. I think we've got a very talented team and I really enjoy working with them on these issues. We have the

luxury of being able to do really exciting science to address issues that are fundamentally important for society. The nice thing about working at a university is that we essentially all work out of self-interest. I enjoy helping my younger colleagues develop their careers and fulfill their career aspirations. We're all working toward essentially a common cause and my job is to help coordinate the activities and make sure the work we do is really focused on some of these major challenges.

*Interview has been edited and condensed.*

*Photo by Gary Henry for the author. Photo credit: Gary Henry.*

## MUSIC

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## # SASKATCHEWAN MUSIC SCENE

## Straddling the language barrier



Indigo Joseph band members (from left) Sean Dorian, Eric Treason, Megan McConnell and Sean McConnell. Photo courtesy of Sean McConnell

## By Sean Tremblay

For Indigo Joseph, national recognition was a mixed blessing.

After three years of playing mostly in Saskatoon, with a few short bursts thrown in, the Regina four-piece got a break. Their song "Others" a bright, catchy piano-pop tune was named CBC's song of the summer for 2013. It went onto the national radio

More than a year later, many people still identify them with the track. They're in the midst of a cross-Canada tour the longest of their careers.

It's been the first time people that aren't part of the tight-knit Saskatoon and Regina scenes actively recognize us," Eric Treason, the drummer for the band, says.

But that recognition has a flip side. Indigo Joseph has never shied to one type of music. They cover

genres and, thanks to their bilingual songwriting languages. Now they find some people are surprised when every track isn't in English.

"It was a little bit surreal, and weird, when people would treat you like a successful pop outfit over one song. The song is cool, but we have a lot of different types of music," guitarist Sean McConnell says.

They admit it's not a huge problem to have—getting someone in the door

for a show is the biggest hurdle, so much so that on some stops of their current tour they aren't changing cover. They know they can earn new fans with their energetic live show, even if people don't always know how to steady them off the lag.

"I think if you look at bands that have a very easily definable style people can group us to that quickly, whether that's good or bad. There can be a double-edged, but I think

we try to use it as a strength," says Treason.

To stay diverse was a conscious choice. When they first started out, some people told them they should have separate bands, with different sets, depending on whether they were playing for anglophone or francophone crowds. The idea never appealed to them.

Continued on Page 12



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## MUSIC



Slovakia's indie rock band The Bangles perform live. (MAGNET PHOTO)

"We didn't want to just play a bunch of French gigs, then translate all our songs," says Bryan Borcia, who sings while switching between guitar and synth.

Being able to draw on either tongue is freeing for Borcia.

"For me personally as a lyricist, it was just a whole new language with new things to play with," he says.

The impetus for their current tour is Collage, their first full-length album, which came out in September. From the catchy keyboard hooks of Orkney to the slower build of La Balise, which rides intricate guitar riffs from a slower beginning to an

energetic, danceable crescendo, the album shows all sides of the group.

After recording several smaller EPs, Collage is the first time the band felt they had a strong handle on the whole studio process.

"The album is definitely a studio record, but I think it's the closest we've come to creating a product we can send home with people that represents who we are, even if the line there is kind of different," his Cassell says.

They are it as a documentation of the band they've become over the years.

"With an album, you have the power to let something represent

you, even if you're not able to be there," Borcia says.

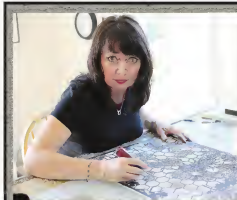
The tour continues through mid-November. Following through with Western Canada, the group is headed to New Brunswick. Farther east than they've ever been. With stops in Ontario and Quebec, they have the chance to continue playing to both linguistic sides of their growing fan base. The band is perfectly set up for our nation, according to vocalists and keyboardist Kierone Plotzke.

"We're in Canada, you know? We live in a bilingual country," he says with a laugh.

thebangles@thebangles.com  
thebangles.com/tourdates



The bilingual indie band The Bangles perform live. (MAGNET PHOTO)



# Next week in BRIDGES

Artist Monique  
Martin's pieces  
are all over  
Saskatoon and  
around the world

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# **LUCAS RICHERT**

## Pills and politics: tough to swallow

Everyone knows someone or some story that reminds them of the incredible power of the pharmaceutical industry in their everyday lives. We see the advertisements during football games and The Good Wife. We see them in Mom's Health as well as Shape and Cosmo politics. The ads are everywhere. And by most accounts we're consuming more and more pills every year.



Lucas Richert

My new book, *Conservation, Consumer Choice, and the FDA* during the Reagan Era: A Prescription for Ronald, examines the American drug industry in the era

in which I grew up in the 1980s. It's a sometimes enlightening story about how the wonders of the Pharma god broke, turned and pulled upside down by politicians, consumer groups and drug industry leaders. At the center of this story was the Food and Drug Administration, an independent government agency that was consistently under pressure.

In the early 1980s, as street rates were high, oil prices were high, and the economy was weak, Ronald Reagan was president of the United States. And he promised to have government control

back, taxes cut and regulations curbed. This was an important period of time for Americans. Big Pharma and health regulations. The stakes were extremely high, for people who needed expensive, life-saving drugs and they were high for individuals who simply wanted over-the-counter Tylenol. Tough decisions about access to drugs were necessary.

But I make the case in my book that applying hard-core conservatism to the drug industry in the 1980s was "provenance for socialism." The excessive politicians, too of drug regulations put people's health and lives at risk. I also make the case that this was a significant because it shaped the era

of the modern drug industry today.

So here we are. In 2008, we still need to make tough choices about the role prescription and non-prescription drugs play in society. Sure, the drug industry has done important things for our health and yet it also has too much power and influence in our lives. I hear that all the time from friends, family and students. I'm hopeful that my book can shed some light on how we get to this point and help us think about the future.

Lucas Richert lives in San Antonio and teaches part time at the University of San Antonio. His book is available through McNelly Fisher and Judges.



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## #CROSSWORD

## NEW YORK TIMES Edited by Will Shortz

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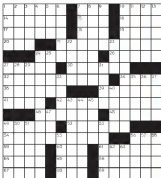


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PHOTO BY AP/WIDEWORLD

## # JANRIC CLASSIC SUDOKU

## Level: Bronze

All in the blank cells  
other numbers 1 to 9  
Each row and column  
must have only one of each  
row (column and 3x3)  
block. Use logic and  
analysis of elimination  
to solve the puzzle.

The difficulty level  
Angels from Number  
Puzzle to Silver  
to Gold (Puzzle)



Sudoku is the  
most widely played  
of the Sudoku family  
found on Page 26

# HYDE PARK VIEW

333 Gilman Place, 6th Floor, SE

*Southeast's Finest New Adult Housing Community!*

**Shelley Davis**

**306-612-3338**

### STANDARD FEATURES

- Heated Indoor Parking
- Radiant In-Floor Heat
- 9-Foot Ceilings
- St. Appliances
- Quartz Countertops
- Large Islands
- Master En-Suite Walk-In Closet
- Huge Barrier-Free Shower
- Digital Video Security

### SUPERB AMENITIES

- First Class Dining Facility
- Guest Suites
- Three Elevators
- Outdoor Terrace with Hot Tub & BBQ
- Hair Salon
- Workshop
- Library
- Mini-Theatre
- Games Room
- Exercise Room

Hyde Park View is transforming the concept of adult housing in Southeast! This new 30-unit housing development is elegantly located near major and professional services and northern contemporary style, superb amenities and Age-in-Place Design.

Life-size suite is pre-building with 45 units will available in the summer, 4.5 story building. Suite range in size from 521 to 1,137 sq ft, including one bedroom, two bedrooms and two bedrooms plus den units.

Design features and sets focus on ending windows that capture an amazing view of Hyde Park, with its 237 acres of trees, parkland and walking trails right across the street. All of the "main house" of today's condo market is offered. Consistent, it is intended in all in-state homeowners.

Age-in-Place Design includes: Wide walk-in showers and a corner that, better free walk-in shower cabined in place. Mechanical systems are in a higher standard than many condos with integrated air-flow heat and control air systems with integrated cooling for each suite.

Every life-size suite features an indoor parking stall in the garage, heated parking, with adjacent outdoor dry laid storage room. Residents enjoy free access to the extensive attractive amenity space.

Assured living services can be purchased and delivered to the site, as required. When independent living becomes a challenge, individuals can move to the specially designed care where personal care is offered 24 hours a day. Their space can move with them or stay in their life-size suite. Twenty-five personal care units will provide an extra median level of care should be required, insured personal.

Hyde Park View offers some of the most attractive prices in the city, especially when you consider the amenities and the high level of service provided to residents. The Hyde Park Housing Group has provided quality housing in Southeast for over than 30 years.

**NOTE:** No legal fees and no other commission or required sales charges Hyde Park View.

Contact Shelley Davis at (306) 612-3338 and visit the website at [www.hydeparkview.org](http://www.hydeparkview.org) for more information or drop by Hyde Park (7133 Main Avenue) between them and open to pick up a sales package.

*Thoughtful, fun and great!*  
*Hyde Park*

**www.hydeparkview.org**

## EVENTS

What you need to know to plan your week.  
Send events to [bridges@thestarphoenix.com](mailto:bridges@thestarphoenix.com)



*Fall in love all over again...*

### Before



### After



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CUSTOM  
SLIPCOVERS**

**306-249-3608**

[koalacustom.com](http://koalacustom.com)



## # MUSIC

Wed., Oct. 15

**17 Seconds of Fuel**  
Buds on Broadway,  
817 Broadway Ave.

Thurs., Oct. 16

**Mike Nawrocki**  
Crickles Restaurant &  
Lounge,  
1-227 Peachtree Dr.

**Apollo Cruz**  
Buds on Broadway,  
817 Broadway Ave.

**Dave's Series: Belle Plaine**  
The Basement,  
254 Fourth Ave. N.

**Jeremy Fisher**  
The Refinery,  
609 Duffryn Ave.

**Hydrothermal Vents**  
w/ Wabanda  
Vampiro Tavern,  
820 Broadway Ave.

Fri., Oct. 17

**Sunbeam**  
Buds on Broadway,  
817 Broadway Ave.

**Piano Friday: Jesse Brown**  
Dave's Series: Rhyth-  
mics (Piano) w/ Karl Albin, Colorado  
Gardens Bar/Club, and  
Horseshoe

**The Basement**,  
254 Fourth Ave. N.

**3-Pack + One**  
Amy & Nery Club,  
359 First Ave. N.

**Leslie Gules**  
Horseshoe Senior Center/  
Contra, 103 S. 1st St.

**Conor Coughlin**  
McNally Station,  
2300 Eighth St. E.

**Fancy Free**  
Yoon Town Tavern,  
3330 Fairlight Dr.

**The Decays w/ The  
Gay Wombles**  
Amigos Cantina,  
632 10th St. E.

**Bedlam and The  
Tropics w/ Spew-  
ing, Hugs and Herd  
of Wonders**  
Vampiro Tavern,  
820 Broadway Ave.

**Riders in the Sky**  
Orlando Dunes Casino,  
254 Dakota Dunes Way,  
Whitecap

**Sparky w/ Death Toll  
Rising, Pleasant Satans,  
Despite the Cover-  
ence, Simplicity, and  
Conformable**  
Rock Bottom,  
8348 Broadway Ave.

**Red Blace**  
Stam's Place,  
106-110 10th St. E.

**Rock Dr**  
Peggy's Pub and Grill,  
1453 Highway Dr. N.

**Off Temples, Obli-  
vions, Thrash, and Veil  
the Darkness**  
Sutherland Hall,  
110 Central Ave.

Sat., Oct. 18

**Sunbeam**  
Buds on Broadway,  
817 Broadway Ave.

**Piano Saturday: Hor-  
nace Drouin and  
Neil Currie's Harvesting**

**Jazz Singers Series:**  
Shirley Young w/ Hot  
Club of Saskatoon  
The Basement,  
254 Fourth Ave. N.

**3-Pack + One**  
Amy & Nery Club,  
359 First Ave. N.



Country music star Gordie Bentley will perform Sunday at the SaskTel Centre. (STY) IMAGES OUT PHOTO

**Deja's Rhythms Kings**  
Don't Even Legals,  
606 Spadina Cms. W.

**Len Barrington**  
Nutcracker Union,  
3021 Louisa St.

**No Harry Time**  
McNally Robinson,  
3330 Highway St. E.

**The Rebel Spell w/**  
Head of Wonders,  
Fifty Semiotics, and  
Good Enough

**Vampiro Tavern**,  
820 Broadway Ave.

**and Dressed**  
Amigos Cantina,  
632 10th St. E.

**Fred Sigmund**  
Crestans Event Centre,  
261 Second Ave. S.

**Putter on the Putter w/**  
Square Control and  
Sevage Henry

**Rock Bottom**,  
8348 Broadway Ave.

**Red Blace**  
Stam's Place,  
106-110 10th St. E.

**Rock Dr**  
Peggy's Pub and Grill,  
1453 Highway Dr. N.

**Get Low w/ Walk-  
Gurt, Big R, Beate and  
Lewell**  
Clown & Ink,  
1027 Highway Dr. N.

**Brian & Ryan**  
Peggy's Bar & Grill,  
134 Promenade Dr.

**Rock On**, Oct. 19

**Gordie Bentley w/**  
Hendy Houser and Tim  
Hicks

**SaskTel Centre**,  
3515 Thatcher Ave.

**Acoustic Night: Har-  
rison James**  
Buds on Broadway,  
817 Broadway Ave.

**David Series: Current  
Swell**  
The Basement,  
254 Fourth Ave. N.

**Mon., Oct. 20**

**Big Dave McLean**  
Buds on Broadway,  
817 Broadway Ave.

**Tues., Oct. 21**

**Big Dave McLean**  
Buds on Broadway,  
817 Broadway Ave.

**The Thrills**  
Lucky's Pub-  
93 Campus Dr.



## EVENTS

## # ART

**Mundul Art Gallery**

Until Jan. 6 at 950 Spadina.  
Chris E. Modern Visions: The 50th-anniversary exhibition, Modern Visions, presents about 150 works from this permanent collection. Free discussion series, the ABCs of ART, Oct. 23, Nov. 6, and Nov. 13, 7 p.m. to 9 p.m. Attend arts or all.

**The Gallery at Art Placement**

Until Oct. 16 at 228 Third Ave. S. Fall group show, with works by a selection of gallery artists.

**Ukrainian Museum of Canada**

Until Jan. 31 at 910 Spadina.  
Chris E. Dreaming in Ukrainian. Travel photography by Andrea Kopychuk and Nancy Potolsky. Opening reception Oct. 16, 7 p.m.

**Artivity Gallery**

Until Oct. 12 at 833 Broadway Ave. Mts. Mead reveals sculptures by Paula Cooley reflecting her interest in incorporating non-organic components into her work. Artist talk Oct. 16, 7 p.m.

**Kramer and Paramount Display**

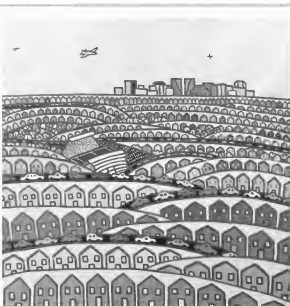
Oct. 17, 12 a.m. to 1 a.m., at Grosvenor Park United Church, 4607 Cumberland Ave. S. The church's collection of handmade banners, communion table runners, pulpit and lectern falls are on display as part of the 50th anniversary celebrations.

**Pruned Arts**

Until Oct. 17 at 424 20th St. W. Off Route 2 by Amanda Owen Christie. An installation of a digital transfer of a 30-year film illustrating the anti-nuclear effort of a car crash.

**Different Strikings Art Show and Sale**

Oct. 17, 4 p.m. to 9 p.m., Oct.



Going to Grey Park 2542 by Sandra Knott is on display at the Mid-Gallery.

10, 10 a.m. to 5 p.m., and Oct. 15, 12 a.m. to 4 p.m., at Green Westminster United Church, 454 10th St. W. Works by the different Strikings Artists' Group.

**Unreal City Art Show**

Until Oct. 17 at 130 Second Ave. N. New works from Jessica Edwards, Jon Toderan and Luke Wermin.

**Gallery on Third, Wetron**  
Until Oct. 30 at 102 Third Ave. E. Wetron Shadows, a group show.

**Wild Gallery**

Until Nov. 1 at 3-1006 Eighth St. E. It's all about Saskatchewan by Sandra Knott. Landscapes near Regina, where the artist lives. Reception Oct. 16, 3 p.m. to 5 p.m.

**The Gallery at Frances Morrison Central Library**

Until Oct. 23 at 183 2nd St. E. Pioneers in City by Gervon Mackay. New paintings inspired by Saskatoon's established and emerging structures.

**Garden and Grow Gallery**

Until Oct. 24 in Room 191 of the University of Saskatchewan's Murray Building. Mary

Forsters Flock Together Celebrating 100th by Pamela Olschberger-Reception Oct. 24, 7 p.m. to 10 p.m.

**Purple Star Gallery**

Until Oct. 26 at 1135 Eighth St. E. New Periwinks by Carol Wylka, Cosmic Dust by Sue Barbera, and Watercolors from the Holy Land by Edward Ene.

**Eye Gallery**

Until Oct. 30 at 117-1182 College St. Portraits of Nations, photographs by Trevor Carlson.

**Bigger Museum & Credit Union Gallery**

Until Oct. 30 at 105 Third Ave. W. In Bigger: Military Exhibit. Honouring men and women from Bigger who left their homes and families to do their part in the World Wars.

**Now Gallery**

Until Oct. 31 at 1018 Lorne Ave. Way Up, urban citylandscapes by Matt Obley.

**St. Thomas More Gallery**

Until Oct. 31 at 1437 College St. Georgian Bay: Three Tales by Kenneth Jackson, Wally Galt and Jacqueline Faye Miller.

**Muskegon Valley Centre Gallery**

Until Oct. 31 at 482 Third Ave. S. Landscapes of Western Colour Depicting Nature's Beauty by Marie-Émeline.

**Station Arts Centre, Neitham**

Until Oct. 30 at 701 Railway Ave. In Neitham: All About Neitham. Acrylic and water-colour paintings by Barbara Renner.

**Wetrous Library**

Through October in Wetrous. Harvest: a group show.

**Outstanding Outdoor**

Until November in Pinedale. Artists' lifelike spaces. The Pinedale Arts and Advertising billboard project by Scott Massey. The project critiques the nature of this venue as an artwork that ironically links on the form of public billboard advertisements.

**Harold Wave Gallery**

Until Nov. 13 at 469 Third Ave. N. Mischance & Anna Balace - Themed Vessels by Michael Hensel.

# EVENTS

**BCVAP Gallery**  
Until Nov. 4 at 330 Third Ave.  
S. Speakey Staff Art Show

**Handmade Housa Showcases**  
Until Nov. 28 at 110 Broadway  
Ave., The Diamond Center,  
are all pieces by Gashobon  
quilted Dorothy Bonin.

**Black Spruce Gallery**  
Until Nov. 30 on Hwy 2 at  
Northside. The Sorel Forest  
Through the Eyes of an Artist

**Saskatoon City Hospital Gallery on the Bridge**  
Until Nov. 30 on the sixth  
floor of the atrium at the  
Saskatoon City Hospital. Art  
by Louise. An eclectic mix of  
works reflecting Dr. Louise Bel-  
let's exploration of styles as a  
new artist.

**Western Development Museum**  
Through April 2015 at 2640  
Lorne Ave. Big Bear Travelling  
Exhibit. In partnership with the  
Royal Saskatchewan Museum.

A 90-million-year-old crocodile  
skeleton brought back to life  
through 3D imaging.

## #FAMILY

**Stay and Play**  
Tuesdays and Wednesdays,  
9:30 a.m. to 11 a.m., through  
April. For children up to age  
four. Semi-structured, creative,  
artistic, story time. Top  
activities: small stage/play-  
saskatoon@gmail.com or visit  
the Facebook page.

**Stars and Strollers**  
Wednesdays, 9 a.m., at Centre  
Cinema in The Centre.  
Choice of two movies each  
week. A baby-friendly environ-  
ment with lowered seats,  
dimmed lighting, a changing  
table and stroller parking is  
select theaters.

**LLLO Saskatoon Daytime Series Meeting**  
The third Wednesday of the  
month, 12:30 p.m., at Sack-  
-



Take a walk through a corn maze, Saskatoon and Burnaby on Oct. 26, 10 a.m. to 4 p.m., at the Saskatoon Italian Cultural Centre, at the corner of Center Hills Road and Highway 7.

**toon Mothers' Centre** at 30-  
tan 20 West, 221-1120 20th  
St. W. All women interested in  
breastfeeding are welcome.  
Call 306-652-4495 or email  
llcasaskatoon@gmail.com.

**C/Fa Clinic and Play**  
Daily 10 a.m. to 4 p.m., in Bay  
4 of 618 South Railway St. W.  
in Warman. Saskatoon's  
newest indoor playground.  
Newest indoor playground  
for children up to age 12. Visit  
childdevelopment.com or their  
Facebook page.

**Pan Factory Indoor Play-  
ground**  
Daily at 16330 Quebec Ave.  
A giant indoor playground for  
young children. Adults and chil-  
dren under age five are free.  
There is supervised free play  
area for children under two.

**Children's Play Centre**  
Daily at Lawson Heights Mall  
& fun, safe environment for

preschool children to play.  
Please note this is an unsu-  
pervised play area, and adults  
must stay with and supervise  
children at all times.

**Market Mall Children's Play  
Centre**  
Daily half off the food court  
at Market Mall. This play area  
is free and has different level  
slides. Children must wear  
sneakers in the play area.

**Scooterz**  
Thursdays, 9 a.m. to 5 a.m.,  
October to May, at the  
renewal Baptist Church, 1636  
Acadia Dr. Parent supervised  
playgroup for kids ages one  
to six. Indoor play equipment,  
games, coloring, dress-  
up, coffee/tea for parents.  
Registration on arrival. Call  
477-1234.

**Breadfeeding Cafe**  
Thursdays, 10 a.m. to 11:30

a.m., at Westside Primary  
Health Centre, 231 Fairlight  
Dr. A drop-in play group for  
breastfeeding women.  
Scooters will be facilitated by  
a lactation consultant with a  
brief education on presenta-  
tion, and time for interaction  
with the other mothers.

**Movies for Mommies**  
Thursdays, 10 p.m., at Rainbow  
Cinema in The Centre. An  
infant-friendly environment  
with reduced sound, cheese  
tastings, bottle warming and  
stroller parking.

**Shoe'n'Stirr**  
Fridays, 9:30 a.m. to 10:30  
a.m., in front of Oak-  
lawson Services at The Mall  
at Lawson Heights. Classes  
consist of power-walking,  
body-sculpting moves using  
exercise tubing and a social-  
izing for parents and babies.  
Preregister at rommami-

bodyfitness.com. No  
classes on stat holidays.

**Baby Talk at SPL**  
Fridays, 10:30 a.m., at Kil-  
burn Branch, Mondays,  
10:30 a.m., at Carlyle King  
Branch and 25 Wood Branch  
and Tuesdays, 10:30 a.m., at  
Cliff Heights Branch. Half-hour  
singing and rhymes, then  
snack with other parents.

**Craft and Story Time**  
Saturdays, 11 a.m., at Indigo  
Books, 3322 Eighth St. E. in  
the kids' section. Call 306-  
244-9377.

**Corn Maze**  
Saturdays and Sundays until  
Oct. 26, 10 a.m. to 4 p.m., at  
the Saskatoon Italian Cul-  
tural Centre, at the corner of  
Center Hills Rd and Hwy #1.  
A seven-acre corn maze. Dress  
for the weather. Admission at  
the door. All funds raised go

toward continued develop-  
ment of the Saskatoon Italian  
Cultural Centre.

**Potato Stamping**  
Oct. 18-19, 10 p.m. to 4 p.m.,  
at Mission Valley Centre.  
A drop-in event at-themed  
craft for all ages. Create point  
to point pieces using potatoes  
as stamps. Information at  
306-665-6678. Admission by  
donation.

**Creative Light Source  
(CLS) Public Tours**  
Mondays, 1:30 p.m., daily  
Oct. 20-24, 5 p.m., Oct. 25, 3  
p.m., at the Creative Light  
Source, 44 Innovation Blvd.  
The symposium research  
facility is open for the public.  
Registration is required.  
Call 306-657-3644, email  
autumn@lightsource.ca or  
visit lightsource.ca/edu-  
cation/tours.php.

**Prenatal Yoga**  
Mondays, 6 p.m. to 7 p.m.,  
at the gymnasium at the  
Health Centre, 246 Third  
Ave. S. Taught by a doula and  
certified yoga teacher. Informa-  
tion and safe for any stage  
in pregnancy. Call 306-231-  
5643 or email m.ayres@stj.org  
email.com. No class on stat  
holidays.

**Nativity Years**  
Mondays until Dec. 1, 7:30  
a.m. to 9:30 a.m., at Pres-  
byterian and Pentecost Church  
Centre, 248 Third Ave. S. A  
comprehensive and holistic  
education series, prepar-  
ing parents for the birth of  
Christ. To register visit birth-  
rhythms.ca.

**Playgroup**  
Tuesdays, 9:30 a.m. to 11:30  
a.m., at Gracewood United  
Church, 4400 10th Ave. W.  
Presbyterian and Pentecost  
Church, a group of families  
inspired by a worship philoso-  
phy. Programming is aimed  
at children ages two to five  
but all ages are welcome.



## EVENTS

**Fabric Sale**

Oct. 18, 9 a.m. to 2 p.m., at St Martin's Church, 2611 Clarence Ave. S. Handmade quilts, mother's Grandmother's All proceeds go to the Stephen Lewis Foundation. Donations of fabric, pins, knitting needles and sewing notions can be taken to the church Oct. 16, 9 a.m. to 5 p.m. To make other arrangements call 306-382-2388, 306-373-3210, 306-343-9446.

**Museum of Antiquities 40th Anniversary Reception**

Oct. 16, 4:30 p.m., starting in the corner at Hall in the Peter MacKenzie building at the U of S. Featuring a talk by the Museum's director, Thayne Harney, on the museum of Antiquities as a Civil Collection. With drinks, snacks, and the unveiling of a new installation. RSVP at 306-666-7818 or Oct. 9.

**SFPE Dances**

Thursdays, 7 p.m., in room 12 at Albert Community Centre, 610 Clarence Ave. S. Saskatchewan International Folkdance Club. Learn dances from many countries around the world. First night is free. Web site: [www.sfpe.com](http://www.sfpe.com)

**Le Choeur des Plantes Nacelles**

Thursdays, 7:30 p.m., at L'Esplanade canadienne française, 1407 Albert Ave. Sing and socialize in French. With choir director Michael Harris and accompaniment by Rachel Fraser. Information at 306-343-9941, 306-343-9460.

**World on Fire**

Oct. 16, 8 p.m. to 11 p.m., at Centre Seniors Centre, 614 17th St. S. Presented by High Impact Marketing Canada. Tickets at Amazing Stories, Midtown Taco Time, Inwood.com

**Free BodyTalk Presentation**

Oct. 16, 7 p.m. to 9 p.m., at



The Curl Saskatchewan Curling Classic runs Oct. 17-18 at CN Curling Club and Greater Curling Club, Saskatoon, Nov. 6-7.

Centre-Civil Centre Theatre. Ten local BodyTalk practitioners will share what makes BodyTalk unique, how it works, and what conditions it addresses. With a demonstration and an opportunity for a personal session.

**Oct. 18:****Hands Across the Bridge**

Oct. 17, 5:15 p.m., meeting at Friendship Park. Join hands across the Broadway Bridge to show solidarity to combat the problem of poverty in Saskatoon.

**Night with 216ARS Hangar Dance**

Oct. 17, 8 p.m., at Hangar 21, 2475 Airport Rd. Fundraising for the STARS Foundation. Dinner, dancing, networking, live entertainment, loans and auctions. Tickets at 306-659-1623, [stardance.org](http://stardance.org).

**St. Matthew's Octoberfest**

Oct. 17, 7 p.m., at St. Matthew's Anglican Church, 140 109th St. W. Supper and entertainment by German Band. Tickets at [stmatthews@stmatthews.org](mailto:stmatthews@stmatthews.org), 306-652-0023, or their Facebook page.

**Careway Night**

Oct. 17, 8 p.m., at the German Cultural Centre, 169 Cent-

wright St. E. Presented by the Canadian Prosperity Club - Saskatoon downtown. In support of local children's charities. Includes dinner, a candle show, and a dance with a DJ. Tickets at [prospclub.com](http://prospclub.com).

**Back on the Rack Fashion Show**

Oct. 17, 8 p.m., at St. Anne's St. Gertrude Hall. Presented by St. Anne's C.W.L. Tickets at 306-931-4705, 306-242-7273, or 306-933-2680. Proceeds will go to the Interval House.

**Slazy Girls for Adults**

Third Friday of the month, September to June, 7:30 p.m., at the Ukrainian Centre, 213 Second St. E. 90¢ a show or come to 10¢. Potluck. Tickets are welcome. Admission is free and donations are accepted.

**The He-Man's Improv Comedy**

Oct. 17, 9 p.m., at La Relais,

100-306 Fourth Ave. N. The improv comedy troupe performs. Admission at the door.

**Sutherland Ladies' Bonspiel**

Oct. 24-26 at Sutherland Curling Club, 141 Jessie Ave. Ladies Competitive Curling and Mystery Fun Spiele. Register with Oct. 17. Call 306-304-8400 or email [sutherlandcurlingclub@msn.com](mailto:sutherlandcurlingclub@msn.com).

**Christmas Craft Fair**

Oct. 17-19 at the Western Development Museum Gift, entertaining and displaying ideas for Christmas. Visit [wdm.ca/season.html](http://wdm.ca/season.html).

**Curl Saskatchewan & Curling Classic**

Oct. 17-19, ages 20 and under at CN Curling Club, 1802 Chippewa Dr. Ages 17 and under at Greater Curling Club, 480 First Ave. N.

**Home Movie Day**

Oct. 18, 2 p.m. Inspection,

3 p.m., screening, at RWED Arts, 426 30th St. W. Presented by RWED Arts and the Saskatchewan Public Library. The U of S will share some home movies from their collection, and selected videotaped films will be played.

**International Day of the Girl Celebration**

Oct. 18, 11 a.m. to 6 p.m., at Commercial Anglican Church, 607 DuRoi Ave. With host Heather Morrison. Documentary screening of Girl Rising, public art creation with Monique Martin, and a journaling experience. Admission at the door. Taking action and raising funds to advance rights and opportunities for girls everywhere.

**Bersicht Supper**

Oct. 18, 6:30 a.m. and 4 p.m. at St. James, at 103 Ave. 1. Hosted by the Saskatoon Goodhope Society. Tickets at 306-343-2673 or at the door.

**Oktoberfest**

Oct. 18, 7 p.m., at the German Cultural Centre, 160 Cartwright St. E. Entertainment by Concordia Brass Band, Concordia Alpenverein Schachplatz Valley, and a DJ. With beer, booths, souvenirs, a cash bar. German beer and German food.

**50th Anniversary Concert**

Oct. 18, 7:30 p.m., at Third Avenue United Church, 304 Third Ave. N. Saskatoon Concert Band and Auxiliary perform. Featuring into soloist Shannon Dalton Corbett. Tickets at Madally Relations, from members or at the door.

**Oktoberfest**

Oct. 18, 7:30 p.m., at TCU Place. The Saskatoon Symphony Orchestra's Pops Series. Featuring soprano Whitney Mathew, baritone Michael Harris and pianist conductor William Rowson.

# EVENTS



Adrienne Clarkson will be lecturing on Oct. 20 at Broadway Theatre. HLT media

## Experience Elsie

Oct. 19, 2:30 p.m., at Convention Hall at the U of S. Works by Beethoven, Poulenc and Mahler. Microfilm tickets at jplab.com

## Classical Variety Night

Oct. 19, 7:30 p.m., at Grosvenor Park United Church. Hosted by the Gifford Foundation. The second concert in their fourth season. Featuring local musicians performing music they love. Admission is by donation.

## Adult Learn to Curl

Oct. 20 at CN Curling Club, 1602 Chippel St. Register at the club. Call 306-382-3058, wilmotcurlingclub.com

## CEO Musical Lecture: Adrienne Clarkson

Oct. 20, 7 p.m., at Broadway Theatre. HLT media

Theatre: *Belonging: The Paradox of Citizenship*. The former Governor General chronicles the evolution of citizenship through the ages, based on values, consensus and compromise in a series of essays. Her lecture will focus on what it means to belong in societies with ever-changing populations. Tickets at 306-552-6555, information@hlt.ca

## Just Eat It: A Food Waste Story

Oct. 20, 7 p.m., at Haly Theatre. Presented by the Saskatchewan Waste Reduction Council. A special screening of the documentary *In Time for Waste Reduction Week*, Oct. 20-26. Tickets at pause.ca

## Off-Broadway Furment Market, International Bazaar

## and Bistro

Tuesdays, 8 a.m. to 5 p.m., in the basement of Grace Westminister United Church, 505 100th St. E. Offering a variety of locally produced food, clothing and accessories from indie art projects. Baking, and Bistro dishes. New vendors welcome. Call 306-684-2040 or email paul@humburgshaw.ca

## IFCQ Film Series: Camp in Sergeant

Oct. 21, 7 p.m., at Broadway Theatre. 1920's biggest budget Canadian film. U of S Department of History's Keith Carlson leads a discussion after the film. Tickets at the door.

## A Annual Menominee Used Book Sale

Oct. 21-23, 9 a.m. to 5 p.m., at the German Cultural Centre,

160 Cartwright St. E. Hosted by the Canadian Federation of University Women Saskatoon. are funds raised go toward the CUWU post-secondary scholarships for women.

## # THEATRE

### Pinocchio

Oct. 16, 2 p.m., at Daniel Arta Centre. *Pinocchio* by Li. Though the story is familiar, it's a new update of the fairy tale that presents an allegory of leaving childhood behind to become an adult. Performed in French. Tickets at 306-667-1221, 306-385-7727, lakemeadow.org, pinocchio-network.org

Event listings are either community service offered by HLT media, or are provided upon request.

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## # ASK ELLIE

## Don't pursue friendship with ex until emotions settle

**Q.** I ended a relationship with my girlfriend a few months ago, and a second date was taking a hot, like-a-moment-to-England.

We still keep in contact, and talk often, and good friends through text, or phone, and the emotional distance has allowed me to work on myself and be a much happier man.

I am not sure where the friendship should go, but she stated that we are done in terms of a relationship.

In my gut I feel like I should visit her and I really want to see her (even if just as friends).

But I'm not sure if that's a good move, or whether she'll even want to see me.

How do I bring this up with her or should I discard this idea from my mind?

#### Unsure Of My Girlfriend

**A.** Give the idea some space. Give yourself some time that you'll have to travel some time this year and possibly visit her in England, but you have no particular time in mind; just see what kind of response you get,

#### Ask Ellie



and don't push it.

If she's open to it, ask it as a couple of weeks from now, if it becomes clear to her if she still does or gives you a negative response, drop the idea.

Perhaps if you stay connected, in time she'll let you know she wants to see you again, too.

**Q.** Two years ago, my wife was returned from living abroad with his new wife, and moved in with us while they established themselves here.

Since then, they've lived next door, utilized her. We've been happy to support them, but recently learned that they're planning to purchase a second car when our daughter is

low passes her driver's license test.

We think that a second car and the very high cost of insurance for an inexperienced driver are expenses they can't afford.

We also consider that during so, when they don't contribute to household expenses in taking advantage of our generosity, which is not his thing.

They've talked about getting their own place, but haven't made any tangible steps in that direction and we suspect they'll not be able to afford to do so if they buy a second car.

Please advise a tactful way of dealing with this issue without alienating them.

#### Delicate Situation

**A.** Either way let them take advantage by saying nothing. Or you speak up clearly, which is what I advise.

Otherwise, you and your wife are going to resent them, and tensions will develop if they purchase the car and stay with you a lot longer.

Be parental and say that you

strongly advise against the car purchase, as it will interfere with their ability to move on, which is something — and you must say this — you all want to happen for them to live independently.

Suggest they put the amount that would purchase a car into savings, and start looking for an affordable place to have their own place with in the year.

You must be very clear in this turning point.

If they say they may agree that they need a car for her to get a job or a better job, etc. to save for a home, let money couples get by with one car and one pool, plus a vacation home when they aren't contributing anything towards food, rent, and utilities — unless you can easily afford to support them and don't mind it.

Obviously, that's no longer the case and they should be mature enough to know and accept that.

**Q.** I'm a Grade 11 high school student, who became close friends with

a guy this summer. Then we had a bad argument.

Since school started, I've been torn around the kids and we made eye contact. But now I can't have talking with one of his friends a girl.

His hanging out with other friends and not with me really hurt.

I guess it's because he said we wouldn't be able to have as much fun together as before. Seeing him with others really stung me.

I asked him on Facebook if I'm still annoying him, he stated he's not running away from me, but he is.

#### Start in High School

**A.** Don't know yourself asking what you're doing wrong (nothing). He's involved with other friends now. Period.

Some high school friends are very loyal, others "run through" easy friendships and relationships.

What's important is your own self confidence. Spend more time with people whom you trust and feel good about.

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# GARDENING

# GARDENING IN SASKATCHEWAN

## The immense variations of dogwood variegation

By Sara Williams

Gardeners have an enormous appreciation for variegated foliage.

Variegated, meaning leaves that contain white, cream, pink, yellow or purple in addition to the "normal" green, shrubs can be used to show off those with graceful foliage. Plant them adjacent to and slightly behind the shrubs with the purple foliage for the best effect.

Although many shrubs have variegated foliage (ranging from pale pink through gold and white-silver), the hardiest, the most striking and the most readily available are found among the dogwoods (*Cornus*). Several species have prominent variegation:

**RED-OGGIE DOGWOOD** (*Cornus amomum* 'C. albaogla') (Cornus)

It's native to the Prairies, often found growing wild on the edge of sloughs or bush in marsh situations. But red-oggie dogwood is surprising in its adaptable and moderately drought tolerant once established.

It has an irregular but somewhat round life form, with a height and width of 1.0 to 2.0 metres. The green leaves opposite and simple are glossy, mostly veined, oval and with pointed tips, turning red-purple in fall.

The small, white, four-petaled clusters of flowers in May and June give rise to bluish-white berries. The stems are dull red, becoming greyish with age and increase in diameter (not unlike people).

Red-oggie dogwoods grow well in full sun to partial shade (up to 70 per cent shade) with the best fall foliage colour in full sun.

They tolerate a range of soils. Although they do better with even moist soils, they are moderately drought tolerant once established. The oldest stems can be removed at ground level to promote new growth with a bright red stem colour to enhance your winter landscape. They are well placed in shrub borders, as foundation plantings or used in naturalization.

**Silver and Gold Large** (1.8 m in height and spread) and later used in larger landscapes. It has variegated green foliage with a white margin and yellow stems and good winter value.

**White Gold** Height and spread of 2.5 m, has green and creamy white variegated foliage and bright gold winter stems.

**TARTARIAN DOGWOOD** (*Cornus alba*)

**Argente-margineata** A silver-leaved dogwood, with a height and spread of 1.5 to 2 m, variegated deep green and creamy white foliage and red winter stems. It does best in partial shade.

**Ivory White** An upright, compact selection. The green leaves have white margins and the stems are red in winter. It has a rounded form and is 1.5 m in height and spread.

**Geodolita** (aka **Gold and Honey**) More rounded than silver, with a height and spread of 3 m. It has variegated green leaves with yellow margins often with a pink tinge and red winter stems. Unfortunately, it appears susceptible to aphids.

**Silver Charm** A dense, slow-growing, dwarf dogwood, against mostly 1 m in height and spread with silver and green variegation. It's well suited to a smaller landscape.

Sara is the author of the new and revised *Counting the Prairie Knots*. In her latest book, *Saskatchewan Prairie Farm Park & How A Photographic History the tells of the history of an institution and the personal stories of the people who made an important impact on Prairie agriculture.*

This column is provided courtesy of the Saskatchewan Perennial Society (saskperennial.org, saskperennial@yahoo.com). Check out our bulletin board or calendar for upcoming garden information sessions. Oct. 28, A History of the Prairie Farm Park and Zoo, 7:30 p.m. at Emmanuel Anglican Church on Bayview St.



The stems of the Ivory White dogwood turn red in winter. It reaches a height of about 1.5 metres. PHOTO COURTESY SARA WILLIAMS

# WINE WORLD

#### 8. SASKATCHEWAN BEER SCENE

## Local brewers release spiced ales for autumn

By James Romanow

Last week, Saskatoon's Prairie Sun Brewery kicked off the week end with an all-day live music event at their annual Oktoberfest. In Regina, Saskatchewan began their Oktoberfest on Oct. 8 and wrapped it up on the weekend.

Oktoberfest began 200 years ago in Munich, Germany, a celebration of traditional harvest celebrations on a royal Bavarian wedding. King Ludwig I formalized the festival to the two weeks ending the first Sunday of October. (The original was the first two weeks of October but the Germans usually moved it earlier for the weather's.)

Autumn is when we begin to crave heavier fare and the heavier autumn ales are introduced. These beers are thicker, darker and usually accompanied for most stews and savory dishes. Local breweries continue to honor this custom by rolling out fall ales for our consumption.

Lately, the most popular variety in North America has been spiced ale, a sort of Hallowe'en beer flavoured with pumpkins and appropriate spices. Pacific Sun launched their version Harvest Moonbeers at their Oktoberfest — a good reason to attend the show in itself. Bushmiller will launch their Great Pumpkin Spiced Ale this coming September.

If you're a cranky old curmudgeon:

gens (I shall refrain from naming names) these may sound (you wonky and overly elaborate, but in fact they're quite tasty beers that pair easily with traditional beer food. In fact, I would say they both deserve to be brewed with a burger. And if you're one of those poor folks that prefer to run on

Breakdown: Great Pumpkin  
 Lowest Income: 4% Dollars: 4444

Prayer: Sun Harvest Moonkin  
 The Bookman, 1999

Some space for winter on Monday's paper and on Twitter @dubious



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1. *Journal of the American Medical Association*, 2000; 283: 2689-2693.



# OUTSIDE THE LINES



## # Colouring contest

Each week Stephanie McKay creates a timely illustration meant to please kids of all ages.

Children can colour the page, have a picture taken with the finished product and email it to [bridges@thelabofmccay.com](mailto:bridges@thelabofmccay.com). One winner will be chosen each week.



Last week's contest winner is Madison Moroz. Thanks to everyone who submitted artwork.



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# SHARPEATS

# SASKATCHEWAN FOOD SCENE

## Top 10 lessons from The Boreal Feast

By Jenn Sharp

Michele Genest's passion for food is unmistakable.

"The author and chef speaking from her home in Whitehorse, talks so warmly about her new cookbook *The Boreal Feast: A Culinary Journey Through the North*. Part cookbook and part travelogue diary, it's a splendid read highlighted by Celtic Irish banquets, stunningly artistic photography.

Genest had a good head start in learning about food, her roots were an excellent cook.

"We were all always interested in how food should taste and we were all very interested in cooking," she says of her family.

In her mid-thirties Genest lived in Greece for three years, where a new arsenal of ingredients brought her how to cook in different ways. Her Greek boyfriend loved cooking and was a capable forager and fisher. The couple had a lot and while she never became very good at it, her cooking skills improved immensely.

"That was what I remembered about food first — an extremely satisfying physical task. But I kind of lost that whole way of eating and of knowing about the landscape until I came north and discovered the same kinds of things were happening here."

Those things, like the important role of berry picking, would in time form her understanding of northern culture. She says she was introduced by the wilderness at first, berry picking was her entry. She began to learn about the berry types, and more about plants.

She now has a regular column in *AN North's* in-flight magazine and has released two books: *Boreal: Journal* in 2008 and *The Boreal Feast* this year. Research for *The Boreal Feast* included a trip to Inuvik, where she lived with her husband, Hector. They foraged and cooked with people, ate in out-lying Native restaurants and took local cooking classes.

"It really had to be an adventure, meet that's similar to poems in terms

of landscape and geography but completely different in terms of culture and history. Traditional recipes were very much alive and cooking in Scandinavia, much as they probably are in people's kitchens across Canada," she says.

While *The Boreal Feast* has a decidedly northern focus, it's still of much use for those living farther south.

"There's one of the things that I hope people will take away from *The Boreal Feast* — an encouragement to try their own neighbourhood, their own region."

Here are Michele Genest's top 10 tips for Prairie readers.

**1. Cook from scratch whenever you can.**

There you have control of the ingredients and eliminate the need for preservatives to a certain extent. It's cheaper and probably better for you. And it's more fun!

**2. Celebrate the food of your local region.**

**3. Learn about habitat. Become a conservationist.**

Wild food needs habitat in order to grow. If we not aware of where the wild foods are and are plucking down a subterranean root or huge tract of old-life berries, the ecosystem that that is a problem. In cities, the more we know about where the wild foods grow, the more we'll be able to point that out to the municipal governments.

**4. Discover the wild edible plants that live near you.**

**5. Learn how to forage carefully and respectfully.**

We don't want to be picking endangered species or trampling on other people's land without asking. We don't want to be taking too much. In the Boreal, Prairie section of the book, there's a compilation of tips for foraging carefully. It comes from a forager and biologist in Ontario (Annie West) who very kindly allowed me to reprint it.



Author and chef Michele Genest has released her newest cookbook, *Full of Starving Photographs about Culinary Journeys Using our Best Ingredients*. SUBMITTED PHOTO

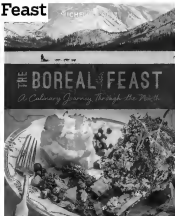
**6. If you can't find an ingredient, substitute with your own local version. Try not damage a reputation of locally food. Not Pils wheat.**

**7. Cook under cuts of wild meat, but not fat. Don't be afraid to eat it raw.**

It's a revelation. You can really taste the meat when it's raw. I hardly do anything to it now, just salt and pepper right beforehand. If I'm cooking slowly, I have the frying pan (cast iron) at medium-high, use butter and oil (oil has a higher smoking point), and cook it, depending on thickness, at least two minutes per side. Then let it sit — I remove it to a wooden cutting board.

It's a bit simple and boring, but for the sauce I deglaze the pan with some red wine and scrape it around and reduce it until it becomes almost syrupy. Remove it and add a tablespoon of cold unsalted butter. That cools down the sauce and hides down the sharp taste of the wine.

**8. Make your own pemmican.**  
It's a way of creating something



Author and chef Michele Genest's newest book, part cookbook part travelogue, was released this year. She'll be in Saskatoon in October to promote *The Boreal Feast: A Culinary Journey Through the North*. SUBMITTED PHOTO

protein. It's less predictable and you have to think around more and your meals are not always guaranteed, but it's a way to avoid preservatives you may not need. It's fun to have your own homemade pemmican in the pantry. It's more busy (there's a recipe for that in *The Boreal Feast*.)

**9. If spruce trees grow near you, collect spruce tips on the spruce.**

They're beautiful! Diversify instead of a whole lot of dishes, either sweet or salty. There are 18 recipes using spruce tips in *The Boreal Feast*. There's a really interesting flower. It's not like rosemary at all. It's a Creole dumpling herb that we can easily explore and add to our foods to make them distinctly local. When it's fresh from the tree, it's kind of citrusy, you

can definitely taste the resin but it's not overpowering. It's important to get them at that stage in their growth when they're new and preserve them. (Dry or vacuum pack and freeze.)

**10. Don't be afraid to experiment.**  
That means don't be afraid to fail!

To get your copy of *The Boreal Feast*, visit [MicheleRobinson.ca](http://MicheleRobinson.ca) in Saskatoon, Chapter or Clubs in Regina, or go online to [www.mg.ca](http://www.mg.ca) or her new publishing company.

Genest will also be at McNally Robinson on Oct. 16 signing books from 10-4 p.m.

[jsharp@theborealfeast.com](mailto:jsharp@theborealfeast.com)  
[theborealfeast.com](http://theborealfeast.com)

See a food trend you think deserves a highlight in Bridges?  
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# SHARP EATS

## SASKATOON DINING EVENTS WITH MICHELE GENEST

### A BOREAL FEAST WITH GUEST CHEF AND AUTHOR MICHELE GENEST

Oct. 27 6 to 8:30 p.m. at the Saskatoon Farmers' Market  
Join award-winning Whitehorse-based chef and author Michele Genest as she shares the techniques, culinary secrets and signature flavours behind some of her most popular dishes from her new book, *The Boreal Feast*.  
Tickets: \$55.00, available at the Farmers' Market office

### THE BOREAL FEAST SMALL PLATES DINNER

Presented by Slow Food Saskatoon, Oct. 26, 6:30 p.m. at 543 Sturgeon Drive  
Michele Genest will present her new book, along with a Northern Tour slideshow. Guests will enjoy a six-course small plates dinner (including wine) prepared by chef Hobbsen-Smith and Haisle Chorney from recipes found in *The Boreal Feast*.  
Tickets: \$25 (only 30 will be sold) [pacific.com](http://pacific.com)



Chefs at Charcut Roast House chefs John Jackson and Connie Desouza enjoy making creative urban rustic cuisine. [starphoto.ca](http://starphoto.ca)

## SASKATOON CLUB GUEST CHEF DINNER SERIES

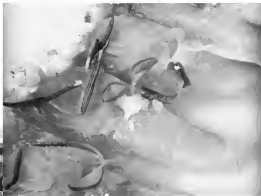
JOHN JACKSON AND CONNIE DESOUSA FROM CHARCUT ROAST HOUSE  
Oct. 27, 6 p.m., \$17.95 at \$1

City's finest chefs are bringing some of their Charcut Roast House's best-selling small plates to the table.

"You will see our Papa's Road Mortadella and even Bison Steaks but there will be a few new twists thrown in there as well. Think fresh Artichoke, Grapes and Asparagus. It will be a fun event that is for sure," says Jackson.

"We cook food we love to eat... It's a fun event and quite informal, cooked by fun loving chefs, then this dinner is for you. We love doing what we do and it shows in our food we cook."

Tickets for the Charcut dinner are \$18.00, which includes wine pairings, tax and gratuity. Call 304-460-1960.



The Saskatoon Club is featuring guest chef John Jackson and Connie Desouza on Oct. 27. Tickets are \$18.00 and available by calling the club. [starphoto.ca](http://starphoto.ca)



Charcut is known for its menu full of locally sourced and thoughtfully prepared dishes. Photo: COURTESY OF CHARTHOUSE

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